

Contact: 1-800-668-4284 • clientservices@ccohs.ca • www.ccohs.ca/products

2015 Catalogue

Education • Training
Products • Services



Answering Your Health & Safety Questions

Inquiries Service - Your Person-to-Person Service

FREE Confidential Responses to Your Individual OSH Concerns



CCOHS is here for you, to provide you with answers to your workplace questions.

FREE-OF-CHARGE to Canadian workers, employers, health and safety professionals, government officials and anyone who has a question about their health and safety at work.

CONFIDENTIAL - Whether you call, write or e-mail us you can be sure that your inquiry will be handled with the utmost care to guarantee complete accuracy, reliability and confidentiality.

Answering thousands of your questions each year with complete confidentiality

Phone: **1-800-668-4284** or **1-905-570-8094**

Fax: **1-905-572-4500**

E-mail: **inquiries@ccohs.ca**

OSH Answers - www.ccohs.ca/oshanswers/

Finding Answers to Your Health and Safety Questions

OSH Answers is our FREE web-based information service providing you with practical information and advice in a question-and-answer format.

Used by millions of people around the world, CCOHS' OSH Answers is a trusted resource that includes up to date information presented in an easy-to-read format.

OSH Answers is prepared and written by CCOHS subject specialists, who bring over 30 years of experience in answering hundreds of thousands of questions from Canadians.

The screenshot shows the CCOHS OSH Answers website. At the top, there is a navigation bar with links for Francais, Home, Contact Us, Help, Search, and canada.gc.ca. Below the navigation bar is a search box with a 'GO' button. The main content area is titled '> OSH Answers' and includes a brief description of the service. A sidebar on the left lists various categories such as About CCOHS, Membership Program, Products & Services, Education & Training, Web Information Service, OSH Answers, What's New, Disclaimer, Free Resources, Newsroom, Newsletters, Key Topics, Events, Inquiries & Client Services, Follow CCOHS on (social media icons), Share this page, Accessibility, Transparency, and Completed Access to Information Requests. The main content area features several topic tiles with icons and titles, including: Occupations & Workplaces, Biological Hazards, Chemicals & Materials, Diseases Disorders & Injuries, Ergonomics - Human Factors, Health & Safety Programs, Legislation, Physical Agents, Prevention/Control of Hazards, Health Promotion / Wellness / Psychosocial, and Safety. At the bottom of the page, there is a footer with the date 'Date Modified: 2011-09-02', a 'Top of Page' link, and an 'Important Notices' link.

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What Are QR Codes?



A Quick Response (QR) Code is a barcode that helps you find encoded information for a website or resource in two-dimensional space for example, this catalogue.

How to use QR Codes

You can scan the QR Codes using a reader that can be downloaded for free from the App store of your choosing. Download and launch the appropriate app and point your phone's camera at the QR code that you want to scan. You are then taken over to the actual web page or electronic resource on your smart device.

This specific QR Code takes you to the Stay Connected with CCOHS

URL--www.ccohs.ca/ccohs/connectwithccohs.html where you can fill out a form so we know whom you are and understand what you need from us.

We look forward to hearing from you soon!

OH&S Programs and Management Systems

www.ccohs.ca/keytopics/oshprograms.html



A requirement under occupational health and safety (OH&S) legislation in most Canadian jurisdictions, a health and safety program is a plan of action designed to prevent accidents and occupational diseases. Find resources on OH&S programs and management systems to help you manage legal requirements and ensure compliance.

OSH Wise – www.ccohs.ca/products/oshwise/

Designed for small to medium-sized organizations, OSH Wise delivers the tools you need to be compliant with regulatory requirements and to develop, implement and maintain a health and safety program in your workplace.

Building on comprehensive and reliable CCOHS resource materials, OSH Wise provides a step-by-step approach to help you develop your health and safety programs online.

OSH Works™ – www.ccohs.ca/products/oshworks/

Developed for larger companies and those with multiple locations, OSH Works can help you establish and maintain your health and safety program, so you can reduce injuries and illnesses, ensure compliance, achieve due diligence and ultimately, help keep your employees healthy and safe.

OSH Works is a comprehensive, web-based service, following management system principles, and can be customized to suit your organization.

Online Courses – www.ccohs.ca/education/



- Health and Safety Committees
- Health and Safety Committees in the Canadian Federal Jurisdiction
- Incident Investigations in Saskatchewan Workplaces
- Joint Health and Safety Committees in Ontario
- Saskatchewan Workplace Inspections
- Violence in the Workplace: Establish a Prevention Program
- Workplace Inspections

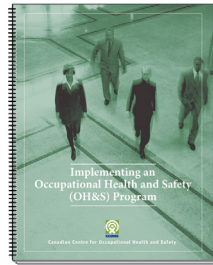
For Managers & Supervisors

- Accident Investigation
- Accident Investigation in Ontario
- AODA Accessible Customer Service Regulation
- Business Case for Health and Safety
- Canada Labour Code, Part II: An Overview
- Confined Space Management
- Contractor Health and Safety
- Contractor Health and Safety in Ontario
- Core Competencies for First Line Supervisors -Yukon Mining
- Developing an Occupational Health and Safety Program
- Developing Your Workplace Violence and Harassment Program in Ontario
- Due Diligence in Occupational Health and Safety
- Emergency Response Planning
- Federal Hazard Prevention Program

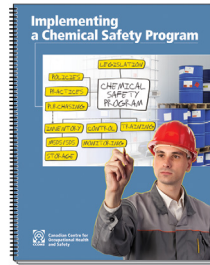
OH&S Programs and Management Systems

- Hazard Identification, Assessment and Control
- Health and Safety for Managers and Supervisors
- Health and Safety for Managers and Supervisors in Ontario
- Health and Safety for Managers and Supervisors in USA
- Health and Safety for Office Managers
- Health and Safety for Senior Executives: Legislation & Liability
- Occupational Health, Safety and Environmental Management Systems
- Incident Investigations in Saskatchewan Workplaces
- MusculoSkeletal Disorders (MSDs): Prevention
- Pandemic Planning

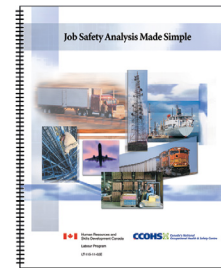
Publications – www.ccohs.ca/products/print.html



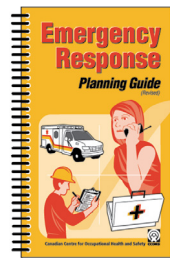
Implementing an Occupational Health and Safety (OH&S) Program



Implementing a Chemical Safety Program



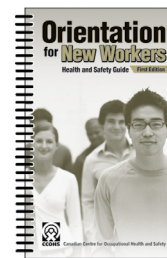
Job Safety Analysis Made Simple



Emergency Response Planning Guide



Health and Safety Committees Reference Guide



Orientation for New Workers Health and Safety Guide

Legislation and Regulatory Compliance

www.ccohs.ca/products/legislation/listing.html



Learn about your legal rights and responsibilities and stay in compliance with assistance from our wide range of health, safety, environment, legislation products and services.

Legislation Services

Canadian enviroOSH Legislation Plus Standards – www.ccohs.ca/products/legislation/legislation.html

Featuring the full text of Canadian health, safety and environmental legislation in one convenient location, CCOHS will help you determine your responsibilities under the law. Search across all Canadian jurisdictions—access critical guidelines, codes and practice and referenced standards from the Canadian Standards Association (CSA) and the Canadian General Standards Board (CGSB) plus the British Columbia Workers Compensation Board Standards (WCB of BC).

National Labour Operations Resources (NLOR) – www.ccohs.ca/products/hrsdcl/

An essential tool to help organizations stay compliant with the Canada Labour Code and related legislation – a must for Canadian Federally-regulated industries, such as the Public Service, crown corporations, banking, shipping, etc. The collection also includes: Unjust Dismissal Cases, Appeals Officer decisions and Canada Industrial Relations Board decisions.

Compliance Services

OSH Works™ – www.ccohs.ca/products/oshworks/

A health and safety program is a definite plan of action designed to prevent injuries and illness at work. In Canada, employers are legally required to implement and maintain an effective workplace health and safety program. OSH Works can help you establish and maintain your health and safety program, so you can reduce injuries and illnesses, ensure compliance and ultimately, help keep your employees healthy and safe.

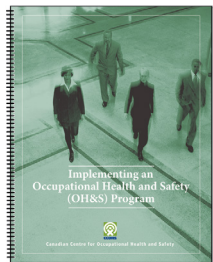
Legislation and Regulatory Compliance

Online Courses – www.ccohs.ca/education/

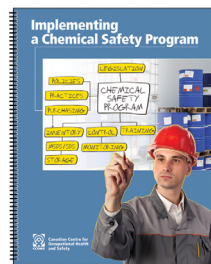


- AODA Accessible Customer Service Regulation
- Canada Labour Code, Part II: An Overview
- Due Diligence in Occupational Health and Safety
- Federal Hazard Prevention Program
- Health and Safety for Senior Executives: Legislation & Liability
- Return to Work in Ontario
- Return to Work: The Basics
- TDG For Carriers
- TDG for Consignors/Consignees
- TDG: An Overview
- Transportation of Dangerous Goods
- WHMIS After GHS: An Introduction
- WHMIS After GHS: How Suppliers Can Prepare
- WHMIS for Managers and Supervisors
- WHMIS for Managers and Supervisors in Ontario
- WHMIS for Office Environments
- WHMIS for Saskatchewan Workers
- WHMIS for Workers
- WHMIS for Workers in Ontario
- WHMIS Refresher
- WHMIS Refresher in Ontario

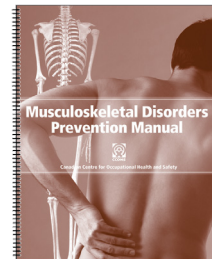
Publications – www.ccohs.ca/products/print.html



Implementing an Occupational Health and Safety (OH&S) Program



Implementing a Chemical Safety Program



Musculoskeletal Disorders (MSD) Prevention Manual

Workplace Hazards

www.ccohs.ca/keytopics/wplace_hazards.html



Many types of workplace hazards exist—ergonomic, chemical, mental health and well-being and environmental—which can cause harm or adverse effects for working people. CCOHS can help with the following resources designed with specific hazards and their controls in mind.

Research and Reference Services

OSH References – www.ccohs.ca/products/oshreferences/

Authoritative, international OSH literature coverage. The OSH References Collection of bibliographic databases provides convenient access to international sources of health, safety and environmentally-related information. Databases in the collection include OSHLINE®, NIOSHTIC®, NIOSHTIC-2, HSELINE, CISILO, Canadiana, PubMed, and INRS Bibliographie.

ILO Encyclopaedia of Occupational Health and Safety – www.ccohs.ca/products/iloencyc/

Produced by the United Nations' International Labour Organisation (ILO), this comprehensive resource was developed in consultation with more than 1,000 health and safety experts, including contributions from the American Industrial Hygiene Association (AIHA), the Canadian Centre for Occupational Health and Safety (CCOHS), the International Commission on Occupational Health (ICOH), the National Fire Protection Association (NFPA), the National Institute for Occupational Safety and Health (NIOSH), and the Occupational Safety & Health Administration (OSHA). The CISILO database is included and offers over 50,000 additional references to occupational health and safety literature from around the world.

Attention Academic Institutions – Academic Support Program – www.ccohs.ca/products/asp/

CCOHS has a collection of comprehensive health, safety and environmental databases specifically designed for colleges, universities and other degree-granting institutions. Contact CCOHS for more information at 1-800-668-4284 or email clientservices@ccohs.ca

Labour Support Program – www.ccohs.ca/products/lsp/

A collection of occupational health, safety and environmental databases selected specifically for labour training facilities.

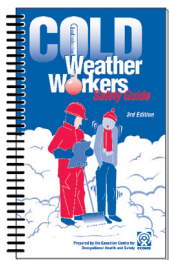
Workplace Hazards

Online Courses – www.ccohs.ca/education/



- Compressed Gases
- Confined Space Management
- Confined Spaces: The Basics
- Dealing with a Hostage Situation
- Dealing with Difficult or Hostile Customers
- Dealing with Robbery
- Developing Your Workplace Violence and Harassment Program in Ontario
- Electrical Hazards
- Fire Safety: The Basics
- Indoor Air Quality: An Introduction
- Ladder Safety
- Ladder Safety in Ontario
- Lockout
- Manual Materials Handling
- Occupational and Environmental Cancer: Recognition and Prevention
- Office Ergonomics
- Office Ergonomics in Ontario
- Office Health and Safety
- Preventing Falls From Slips and Trips
- Preventing Falls From Slips and Trips in Ontario
- Preventing Hearing Loss From Workplace Noise
- Safe Driving: Backing Up
- Stress in the Workplace
- Violence in the Workplace: Awareness
- Violence in the Workplace: Establish a Prevention Program
- Violence in the Workplace: Recognize the Risk and Take Action
- WHMIS for Managers and Supervisors
- WHMIS for Managers and Supervisors in Ontario
- WHMIS for Office Environments
- WHMIS for Saskatchewan Workers
- WHMIS for Workers
- WHMIS for Workers in Ontario
- WHMIS Refresher
- WHMIS Refresher in Ontario
- WHMIS: Understanding MSDSs
- Working at Heights

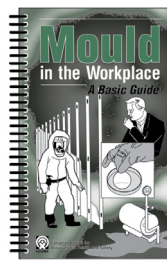
Publications – www.ccohs.ca/products/print.html



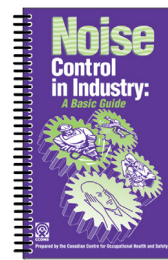
Cold Weather Workers Safety Guide



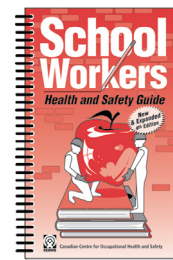
Indoor Air Quality Health and Safety Guide



Mould in the Workplace: A Basic Guide



Noise Control in Industry: A Basic Guide



School Workers Health and Safety Guide

Ergonomics

www.ccohs.ca/keytopics/ergonomics



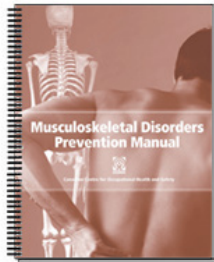
Ergonomics is matching the job to the worker and product to the user. Discover resources on workplace design and considerations, work-related musculoskeletal disorders, related risks, and helpful exercises.

Online Courses – www.ccohs.ca/education/

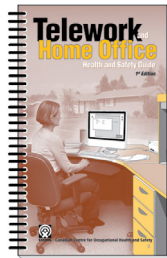


- Health and Safety for Small Business
- MusculoSkeletal Disorders (MSDs): Awareness
- MusculoSkeletal Disorders (MSDs): Prevention
- Office Ergonomics
- Office Ergonomics in Ontario

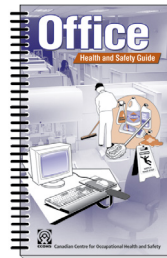
Publications – www.ccohs.ca/products/print.html



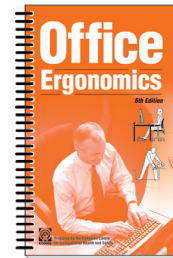
Musculoskeletal Disorders (MSD) Prevention Manual



Telework and Home Office Health & Safety Guide



Office Health & Safety Guide



Office Ergonomics Safety Guide

Violence Prevention

www.ccohs.ca/keytopics/wplace_violence.html



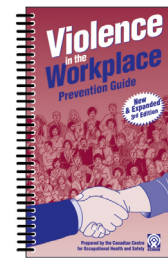
Workplace violence is violence or the threat of it against workers, at or outside of the workplace. It can include threatening or intimidating behaviours (verbal or written) verbal abuse, harassment, and physical assaults. Access and use the information found in CCOHS resources to help foster a safer work environment.

Online Courses – www.ccohs.ca/education/

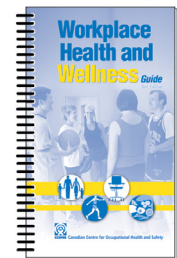


- Dealing with a Hostage Situation
- Dealing with Difficult or Hostile Customers
- Dealing with Robbery
- Developing Your Workplace Violence and Harassment Program in Ontario
- Travel Safety for Canadian Businesses
- Violence in the Workplace: Awareness
- Violence in the Workplace: Establish a Program
- Violence in the Workplace: Recognize the Risk and Take Action
- Workplace Violence in the Canadian Federal Jurisdiction: Establish a Prevention Program
- Workplace Violence in the Canadian Federal Jurisdiction: Recognize the Risk and Take Action

Publications – www.ccohs.ca/products/print.html



Violence in the Workplace Prevention Guide



Workplace Health and Wellness Guide

Chemical and Product Safety

www.ccohs.ca/keytopics/chem_safety

Database Services

CHEMpendium™ – www.ccohs.ca/products/chempendium/



Provides essential chemical hazard information for your workplace and the environment, compiled from nine chemical hazard databases:

- CHEMINFO
- CESARS
- CHRIS
- DSL/NDSL (Domestic/Non-Domestic Substance List)
- Hazardous Substances Data Bank (HSDB)
- New Jersey Hazardous Substance Fact Sheets (NJ HSFS)
- NIOSH Pocket Guide
- Transport TDG
- Transport 49CFR

RTECS® – www.ccohs.ca/products/rtecs/

Internationally recognized, RTECS contains critical toxicity data for over 175,000 chemical substances, compiled from over 3,000 sources. CCOHS has taken the time to present RTECS in an easy-to-read format that makes identifying key toxicity data effortless, ensuring that your research is always complete.

Online Courses – www.ccohs.ca/education/

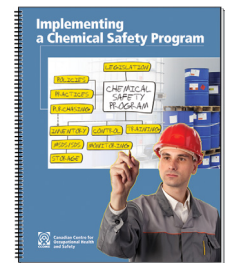


- Compressed Gases
- Fire Safety: The Basics
- Personal Protective Equipment: The Basics
- Occupational and Environmental Cancer: Recognition and Prevention
- Transportation of Dangerous Goods: Overview
- Transportation of Dangerous Goods: Training, Inspection and Compliance
- Transportation of Dangerous Goods: Classification of Dangerous Goods
- Transportation of Dangerous Goods: Documentation of Dangerous Goods
- Transportation of Dangerous Goods: Safety Marks
- Transportation of Dangerous Goods: Means of Containment
- Transportation of Dangerous Goods: Emergency Response
- Transportation of Dangerous Goods: Special Cases for Road Transport

Chemical and Product Safety

- **Publications, posters and awareness items – www.ccohs.ca/products/print.html**   

CCOHS produces and sells a wide variety of Chemical and product safety materials. Every publication produced by CCOHS is reviewed by expert representatives from government, employers and labour for technical accuracy and readability.



Implementing a Chemical Safety Program

www.ccohs.ca/products/boutique/ghs_bookmark/

Promote awareness of various health and safety initiatives at your workplace with items specifically developed by CCOHS.

www.ccohs.ca/products/posters/ghs_whmis_sds/

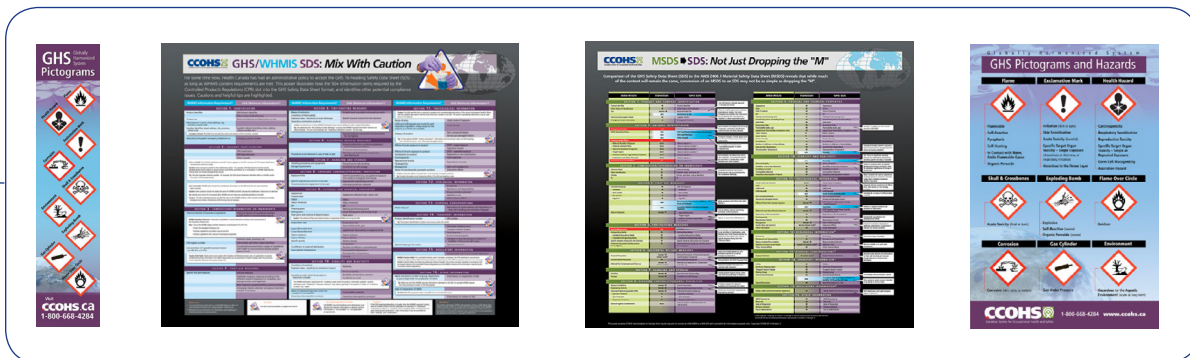
- GHS/WHMIS SDS: Mix With Caution

www.ccohs.ca/products/posters/msds/

- MSDS -> SDS: Not Just Dropping the "M"

www.ccohs.ca/products/posters/ghs_pictograms/

- GHS Pictograms and Hazards



WHMIS/GHS and MSDS Services

www.ccohs.ca/products/msds/listing.html

MSDS Authoring Software

CANWrite™ – www.ccohs.ca/products/canwrite/



CANWrite™ will help you to write and maintain compliant, quality Safety Data Sheets (SDSs) that are compliant with both US OSHA GHS and WHMIS requirements.

- Classification worksheets
- Compliance audit tool
- GHS label output
- English, French and Spanish language modules

Label Writing Software

CANLabel™ – www.ccohs.ca/products/canlabel/

Easily create compliant supplier workplace labels with CCOHS' online tool.

- WHMIS, OSHA and GHS formats available
- Create labels in multiple languages using off-the-shelf adhesive stationary
- Flexible subscription options available

MSDS Services

MSDS Management Service – www.ccohs.ca/products/msds/msdsservice.html

Let CCOHS keep your MSDS collection up-to-date! Our MSDS Management Service is Web based, easy-to-use and includes your custom collection of MSDSs—by single list or department. Your annual MSDS Management Service subscription includes setup, unlimited online access and ongoing maintenance for currency. Plus:

- Daily status reports online, with email update notifications
- Customized training materials
- Optional binders or electronic backup for onsite/compliance-related purposes
- A label creation tool

CCOHS also offers comprehensive online databases including:

- MSDS (Material Safety Data Sheets) www.ccohs.ca/products/msds/
- FTSS (French Language Material Safety Data Sheets) www.ccohs.ca/products/ftss/

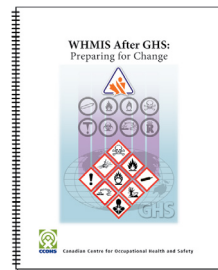
WHMIS/GHS and MSDS Services

Online Courses – www.ccohs.ca/education/



- WHMIS After GHS: An Introduction
- WHMIS After GHS: How Suppliers Can Prepare
- GHS: HazCom 2012 for Workers
- Global GHS for Workers
- WHMIS for Managers & Supervisors
- WHMIS for Office Environments
- WHMIS for Workers
- WHMIS Refresher

Publications – www.ccohs.ca/products/print.html



WHMIS After GHS:
Preparing for Change

Healthy Workplaces

www.ccohs.ca/healthyworkplaces/



To help make your workplaces healthy and safe, access information and resources relating to mental health, wellness, healthy workplace promotion, fitness, work/life-balance-stress management plus violence and harassment prevention.

Web Resources

Healthy Minds at Work – www.ccohs.ca/healthyminds/



Advancing Healthy Workplaces – www.ccohs.ca/healthyworkplaces/



Healthy Workplaces

Online Courses – www.ccohs.ca/education/

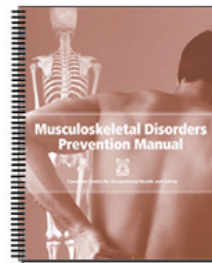


- Business Case for Health and Safety
- Due Diligence Package
- Health & Safety for Office Managers
- Office Health & Safety
- Pandemic Awareness
- Pandemic Planning
- Return to Work: The Basics
- Return to Work in Ontario
- Stress in the Workplace

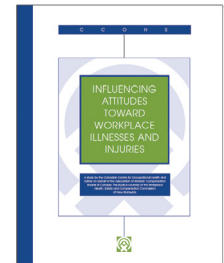
Mental Health @ Work

- Mental Health: Awareness
- Mental Health: Communication Strategies
- Mental Health: Health and Wellness Strategies
- Mental Health: Psychologically Healthy Workplaces
- Mental Health: Signs, Symptoms and Solutions
- Mental Health: e-Course Package (All 5 courses above)

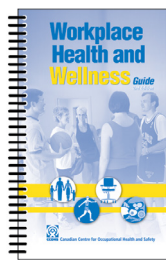
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Musculoskeletal Disorders (MSD) Prevention Manual



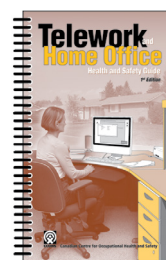
Influencing Attitudes toward Workplace Illnesses and Injuries



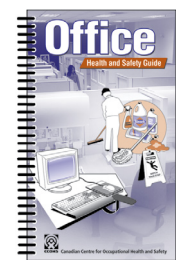
Workplace Health and Wellness Guide



Health & Safety Guide for Human Resource Professionals



Telework and Home Office Health & Safety Guide



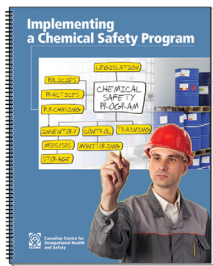
Office Health & Safety Guide

Publications

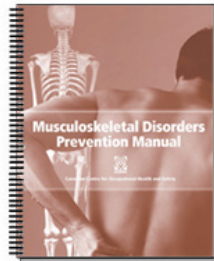
www.ccohs.ca/products/print.html



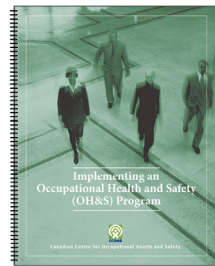
CCOHS produces and sells a wide variety of publications related to workplace health & safety. Every publication is created by CCOHS subject specialists with attention to both technical accuracy and readability, and is reviewed by expert representatives from government, employers and labour.



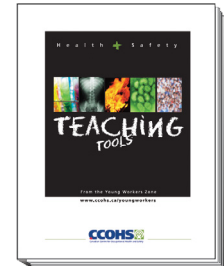
Implementing a Chemical Safety Program



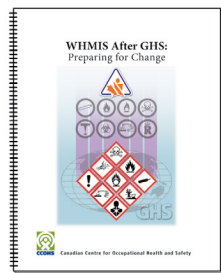
Musculoskeletal Disorders (MSD) Prevention Manual



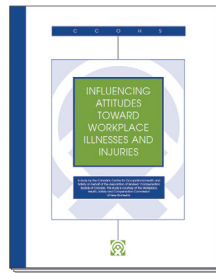
Implementing an Occupational Health and Safety (OH&S) Program



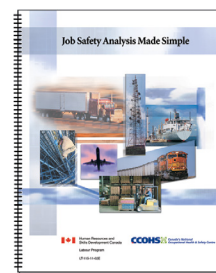
Health and Safety Teaching Tools



WHMIS After GHS: Preparing for Change

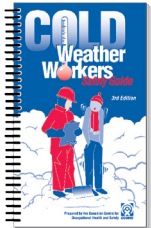


Influencing Attitudes Toward Workplace Illnesses and Injuries

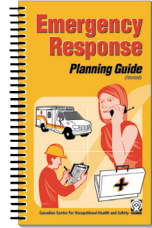


Job Safety Analysis Made Simple

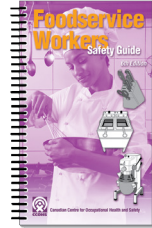
Publications



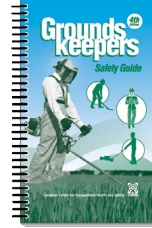
Cold Weather Workers Safety Guide



Emergency Response Planning Guide



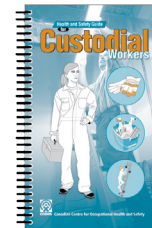
Food Service Workers Safety Guide



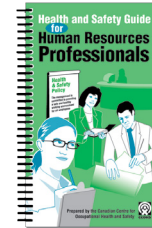
Groundskeepers Safety Guide



Health and Safety Committees Reference Guide



Health and Safety Guide for Custodial Workers



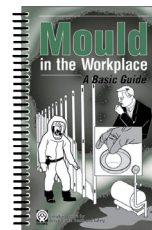
Health and Safety Guide for Human Resources Professionals



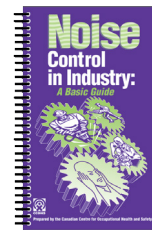
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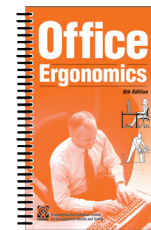
Indoor Air Quality Health and Safety Guide



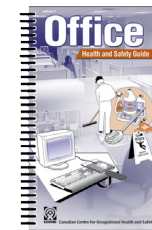
Mould in the Workplace: A Basic Guide



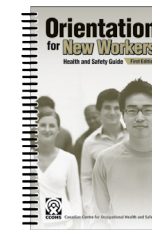
Noise Control in Industry: A Basic Guide



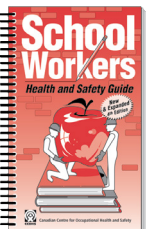
Office Ergonomics Safety Guide



Office Health and Safety Guide



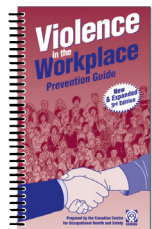
Orientation for New Workers



School Workers Health and Safety Guide



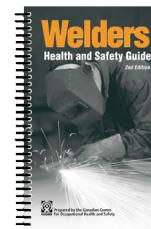
Telework and Home Office Health and Safety Guide



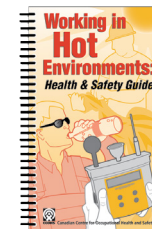
Violence in the Workplace Prevention Guide



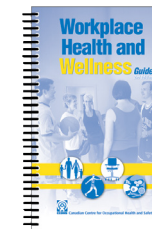
Warehouse Workers Safety Guide



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 MusculoSkeletal Disorders (MSDs): Prevention
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 Occupational Health and Safety Management Systems
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The Canadian Centre for Occupational Health and Safety (CCOHS) has a mission: to make sure every Canadian worker comes home safely every day.

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The Canadian Centre for Occupational Health and Safety (CCOHS), a Canadian federal government agency based in Hamilton, Ontario is Canada's national resource for the advancement of workplace health and safety. CCOHS promotes the total well-being - physical, psychosocial and mental health - of working Canadians by providing information, training, education, management systems and solutions that support health and safety programs and the prevention of injury and illness. CCOHS partners and collaborates with agencies and organizations from Canada and around the world to improve the quality and quantity of resources and programs, as well as expand the breadth of usage of occupational health information to many different segments of society.



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